

Berry Muffins

Rowville Primary School
Kitchen Garden Recipe

Ingredients

200g mixed berries,

(or fruit in season)

220g plain Flour

2 tsp baking powder

125g sugar

$\frac{3}{4}$ cup milk

1 egg

$\frac{3}{4}$ cup vegetable oil.

Equipment

Scales,

Measuring jug,

Measuring spoons,

Medium metal bowl,

Large metal bowl,

Sifter,

Whisk,

Wooden spoon,

Muffin tins.



Method

Sift the flour with the baking powder and stir in the sugar. Whisk the milk, egg and oil together. Make a well in the flour and gently stir in the liquid until combined. Gently fold in the fruit. Spoon the batter into greased muffin tins. Bake for 12 mins or until golden and cooked through.

