

Skordalia

Garlic Sauce

Rowville Primary School
Kitchen Garden

Ingredients

1 Clove of garlic,

300g old white bread,

1 tablespoon white vinegar,

¼ cup olive oil,

Seasoning.

Equipment

Mortar & Pestle,

Cup measurement,

Spoon measurement,

Medium metal bowl.



Method

Peel the garlic, add to the mortar and crush with a pinch of salt.

Take the crust off the bread, soak in cold water, enough to cover. Squeeze all liquid out.

Add the bread to the mortar, mash with garlic.

Add the vinegar and olive oil, stir to combine. Taste. Add seasoning (or more oil or vinegar if needed.)