

Rowville Kids Café Menu

Green Food (Choose Anytime) **Amber Food** (Choose Sometimes) **Red Food** (Choose once or twice a term)

V Vegetarian Option **GF** Gluten Free Option

Sandwiches & Rolls

Lunch order only

Wholemeal unless specified	SANDWICH	ROLL
Tuna OR Tomato OR Cheese	\$3.70	\$3.90
Roast Chicken	\$4.00	\$4.20
Salad (regular)	\$5.30	\$5.50
Buttered Bread	\$2.10	\$2.30
Vegemite OR Honey	\$2.60	\$2.80
Ham	\$3.70	\$3.90

Sandwiches, Rolls & Toastie Extras—60c each:

Lettuce Beetroot Tomato Pineapple Cheese Carrot Cucumber Tuna	Ham Chicken Mayo (no charge)
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Snacks

Lunch order or over the counter

Crunchie Carrot Sticks (.10c each) or 5 for .30c	\$0.10
Weetbix Bites (.10c each) or 10 for .80c	\$0.10
Fruit (in season)	\$1.10
Banana Bubble	\$1.00
Go Cups —lunch order only	\$2.10
Cobbs Sweet & Salty Popcorn	\$1.60
Bliss Bombs—Chocolate or Apricot (each)	\$1.00
Savoury Crackers (.10c each) or 10 for .80c	\$0.10
Crackers & Cheese	\$0.80
Red Rock Deli Chips—Honey Soy Chicken 28g	\$1.60
Red Rock Deli Chips—Sea Salt 45g	\$2.20
Cookielishis	\$1.10
Banana Bread Slice	\$2.20
Muffinator Muffin	\$1.10

Hot Food

Lunch order only

Corn on Cob (V)	\$1.10
Macaroni Cheese	\$4.75
Mini Garlic Bread Roll	\$1.10
Cheese Toastie	\$4.20
Cheese & Vegemite Toastie	\$4.75
Hot Chicken Roll	\$4.50
Hot Chicken Roll with Cheese	\$5.10
Traditional Lasagne	\$4.75
Vegetarian Fried Rice (V, GF)	\$4.75
Hot Dog	\$4.20
Hot Dog with Cheese	\$4.80
Pizza Slice Ham & Pineapple	\$4.20
Chicken Nuggets—Bag of 3	\$2.65
Chicken Nuggets—Bag of 6	\$4.75
Large Pastie	\$4.50
Large Meat Pie	\$4.50
Mini Meat Pie	\$1.60
Mini Meat Pie—Bag of 3	\$4.80
Large Shepherd's Pie	\$4.70
Large Sausage Roll	\$3.20
Mini Sausage Roll	\$1.60
Noodles in a Cup—Chicken	\$4.00
Steamed Dim Sim	\$1.20

Frozen Treats

Lunch order or over the counter

Frozen Big M (UHT) - Chocolate OR Strawberry	\$2.70
Frozen Fruit in Season	\$0.60
Frozen Just Juice	\$2.70
Frozen Juice Blocks	\$0.15
Paddle Pop—Rainbow OR Chocolate	\$2.20
Zooper Dooper	\$1.20
Calippo	\$1.60
Icy Twist	\$2.00
Frozen Yoghurt in a tub—Strawberry	\$2.70

Gluten Free

Vegetarian Fried Rice (V)	\$4.75
Cheese Toastie	\$4.70
Ham & Cheese Toastie	\$5.30
Ham, Cheese & Tomato Toastie	\$5.90
Tomato & Cheese Toastie	\$5.30
Salad Sandwich	\$5.70
Toastie Meal Deal (option to add vegemite for extra 50c)	\$7.90
Cheese & Vegemite Toastie	\$5.30
Vegemite Sandwich	\$3.20
Cheese Flavoured Rice Crackers (bag of 10)	\$0.60
Popcorn	\$1.60
Red Rock Sea Salt Chips	\$2.20
Crunchie Carrot Sticks (each) or 5 for .30c	\$0.10
Frozen Fruit	\$1.00
Corn on the Cob (V)	\$1.10
Go Cups —lunch order only	\$2.20
Fruit (in season)	\$1.10
Frozen Juice Blocks—bag of 5	\$0.60
Big M—Chocolate OR Strawberry	\$2.70
Just Juice—Apple, Apple/Blackcurrant OR Orange	\$2.70

Please note: The Kids Café/Canteen uses dedicated Gluten Free utensils, cutting boards and sandwich press for toasting. Every effort is made to minimise cross contamination.

Drinks

Lunch order or over the counter

Big M Milk (long life) - Chocolate OR Strawberry	\$2.70
Bottled Water 600ml	\$2.70
Just Juice—Orange, Apple, Apple/Blackcurrant	\$2.70

LUNCH ORDER BAGS 10c

Tomato & Soy sauce will only be provided upon request—please note on order

Monday to Thursday Only

Baked Potato \$3.70 add Coleslaw 60c, Grated Cheese 60c	Sour Cream 60c
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SPECIAL DAYS

Monday

Recess only

Freshly Popped Popcorn	\$1.10
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Monday

Lunch Order only

Chicken Tender Snack Wrap \$3.70	Contains lettuce Mayonnaise free on request Add tomato or cheese—50c each
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Tuesday

Lunch Order

SUSHI—Soy Sauce will only be provided on request	
Tuna and Avocado (GF)	\$3.70
Avocado and Cucumber	\$3.70
Teriyaki Chicken	\$3.70
Crispy Chicken	\$3.70

From the Sushi Supplier: We are not a GF/VG/V kitchen & all food is prepared in a common area, therefore we can not guarantee that any item is 100% GF/VG/V or free from all traces of nuts (including sesame), egg and dairy.

Wednesday

Lunch Order only

Chicken Chippies (bag of 6)	\$4.20
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Thursday

BURGERS

Tasty Chicken (crumbed)	\$5.00
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Burger includes fresh bun, lettuce, tomato & mayo

MEAL DEALS

Available every day

Oodles of Noodles Meal Deal	\$7.00	Noodles in a Cup
Tasty Toastie Meal Deal	\$7.50	Toasted Cheese Sandwich
Luscious Pasta Meal Deal	\$7.90	Macaroni & Cheese OR Traditional Lasagne
Happy Hot Dog Meal Deal	\$7.50	Hot Dog in a roll
Chicken Little Meal Deal	\$7.90	Chicken Nuggets (bag of 6)

+

Cookielishis
OR
Frozen Fruit

+

Choose one:
Big M
Water
Just Juice
Hot Chocolate
See drink list for flavours



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